



## CHOICE AND CONTROL

### Sydney (NSW) Registered NDIS Providers

1. **The Benevolent Society**  
☎ 1800 236 762 🔗 [benevolent.org.au](http://benevolent.org.au) — delivers a broad range of NDIS support, including allied health and support coordination  
[NDIS+11circleofhope.com.au+11connect2care.com.au+11ndisfinder.com+3Snizzle+3Wikipedia+3](http://NDIS+11circleofhope.com.au+11connect2care.com.au+11ndisfinder.com+3Snizzle+3Wikipedia+3)
2. **Bridges Alliance**  
☎ 1300 771 063 🔗 [bridgesalliance.com.au](http://bridgesalliance.com.au) — tailored support services across NSW  
[bridgesalliance.com.au](http://bridgesalliance.com.au)
3. **Circle of Hope**  
☎ 02 8774 9699 🔗 [circleofhope.com.au](http://circleofhope.com.au) — comprehensive disability supports from early intervention to accommodation [Disability Support Guide+3circleofhope.com.au+3Snizzle+3](#)
4. **Interaction Disability Services**  
☎ 1300 668 123 🔗 [interactionservices.org](http://interactionservices.org) — supports across nursing, SIL, community participation, and coordination [NDIS Quality and Safeguards Commission+5NDIS+5Wikipedia+5Snizzle+1Snizzle+1](#)
5. **Sunnyfield Disability Services**  
☎ 1300 588 688 🔗 [sunnyfield.org.au](http://sunnyfield.org.au) — accommodation, employment, community participation, early intervention [adelaiddisabilitycare.com.au+3Snizzle+3Snizzle+3](#)
6. **Better Life Care Services**  
☎ 1800 002 527 🔗 [betterlifecareservices.com.au](http://betterlifecareservices.com.au) — daily living, transport, therapy, support coordination [Registered Provider+11Snizzle+11mylifemyway.net.au+11](#)
7. **OSAN Ability**  
☎ 1300 799 941 🔗 [osanability.com.au](http://osanability.com.au) — personal care, allied health, transport, housing supports [rosscare.com.au+5Snizzle+5connect2care.com.au+5](#)
8. **MCT Care**  
☎ 02 8866 5344 🔗 [mctcare.com.au](http://mctcare.com.au) — life skills, in-home assistance, therapeutic support [Snizzle](#)
9. **Focus Care**  
☎ 1800 362 871 🔗 [focuscare.com.au](http://focuscare.com.au) — creative therapies, support coordination, nursing, household assistance [Snizzle](#)
10. **ZedCare**  
☎ 1300 933 013 🔗 [zedcare.com.au](http://zedcare.com.au) — personal activities, home mods, nursing, transport, community access [Snizzle](#)



## Adelaide (SA) Registered NDIS Providers

11. **Adelaide Disability Care**  
☎ 08 8151 0976 🔗 [adelaiddisabilitycare.com.au](http://adelaiddisabilitycare.com.au) — person-centred tailored support in Adelaide region [Registered Provider+3adelaiddisabilitycare.com.au+3bridgesalliance.com.au+3](#)
  12. **Ross Care**  
☎ 1300 218 922 🔗 [rosscare.com.au](http://rosscare.com.au) — support coordination, SIL, home mods, community participation across Adelaide [Snizzle](#)
  13. **ADL Support Services**  
☎ 08 7082 3748 🔗 [adlsupportservices.com.au](http://adlsupportservices.com.au) — domestic assistance, gardening, meal support, community access [Snizzle](#)
  14. **Share and Care Services**  
☎ 08 8180 0658 🔗 [shareandcareservices.com.au](http://shareandcareservices.com.au) — life skills, SIL, short-term accommodation, community participation [Snizzle](#)
  15. **Impakt Care**  
☎ 08 8285 2049 🔗 [impaktcare.com.au](http://impaktcare.com.au) — nursing, everyday skills, community engagement tailored to northern and central Adelaide suburbs [Snizzle](#)
  16. **My Life My Way**  
☎ 0481 882 840 🔗 [mylifemyway.net.au](http://mylifemyway.net.au) — support coordination, in-home support, SIL, accommodation [mylifemyway.net.au+1Wikipedia+1](http://mylifemyway.net.au+1Wikipedia+1)
  17. **Connect2Care**  
☎ (not specified; via site contact) 🔗 [connect2care.com.au](http://connect2care.com.au) — allied health, OT, physio, speech pathology, telehealth for Adelaide [connect2care.com.au](http://connect2care.com.au)
  18. **Minda Inc**  
☎ (check website) 🔗 [mindainc.com.au](http://mindainc.com.au) — one of SA's largest disability providers, offers accommodation, lifestyle services, employment supports [Wikipedia](#)
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## Providers Operating Both Regions

19. **Northcott Disability Services (NSW/ACT)**  
☎ contact via website 🔗 [northcott.com.au](http://northcott.com.au) — over 100 programs and services for children and adults with disability across NSW and Sydney metro [Wikipedia](#)
20. **Novita (SA & Broken Hill, NSW)**  
☎ see website 🔗 [novita.org.au](http://novita.org.au) — children, teens and young adults support across SA and parts of NSW [Wikipedia](#)